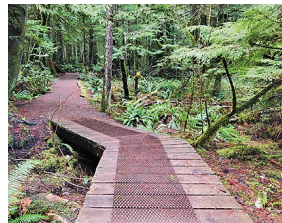




Nymph Falls Nature Park features 61 ha (151 acres) of second-growth forest located on the north side of the Puntledge River. The river is one of the main attractions of the park, along with Nymph and Nib Falls. The river and falls rage over a series of exposed bedrock ledges from fall to spring, to the delight of white water enthusiasts. In the summer the glacial waters run calm, clear and cool, making the park and nearby Barbers Hole popular spots for a refreshing dip.

The spectacular Nib Falls cascade over fish ladders blasted out in 1977 to assist spawning salmon swimming upstream. Watch fish leap their way up the falls in October. A wheelchair-friendly viewing area at the end of the accessible trail offers a great viewpoint. Steps to the river located just 40 m downstream of the falls provide access to the rock outcrops and pools of clear water. The falls are an easy ½ km stroll from the parking lot along a wide and gentle accessible trail.



Dogs are welcome, even off leash if kept near and under control. There is a picnic area and two outhouses along with a few scattered benches. The picnic table clearing close to the river at the base of the main entrance was once the site of a labour camp for conscientious objectors during World War II.

The Puntledge River is an important habitat for fish, including salmon and trout. The river also provides hydroelectric power and drinking water to residents of the Comox Valley. It is one of the best spots to cool off in the summer.



Multi-Use Recreation Trails

- Leashing optional trails – expect unleashed dogs. Please keep your pets near and under control. Always have a leash, collar, dog bag and valid licence for your pet.
- Not all technical features on bike trails have ride arounds.
- No alcohol, loud music, camping, fires or ATVs.
- No parking after 11 pm or before 5 am.
- Always park vehicles fully off pavement if parking on road shoulder.

Bears and cougars pass through the forest regularly. Always keep children and pets in sight. Animals are more active at night. Use trails after dawn and before dusk. Make noise to avoid surprising wildlife and triggering an attack. Wildlife that ignores you, looks calm, or appears friendly may attack without warning.

Forbidden and Puntledge Trails

comoxvalleyrd.ca/nftrails

bchydro.com/community/recreation_areas.html

cvmtb.com/index.php/trails-maps/

Comox Valley Regional District
770 Harmston Avenue, Courtenay, BC V9N 0G8
250-334-6000 | 1-800-331-6007
Email: communityservices@comoxvalleyrd.ca
October 2020 | Cover photo by Rick Leche



Nymph Falls Nature Park

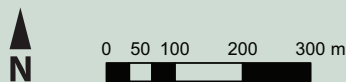
Recreational Trails

Changing currents and water depths can be a drowning hazard, as can branches and trees in the river.

A siren or strobe lights indicate water flow in the river is about to become faster and higher.

Get out of the water immediately if either are activated.

No alcohol in park or river.



Trail Distances

(from falls parking lot)

Barbers Hole	1.1 km
Comox Lake Dam	6.0 km
Inland Highway	2.1 km
Nymph Falls	445 m

Legend

- Bench
- Parking Lot
- Viewpoint
- Pedestrian Only Trail
- Accessible Trail
- Multi-use Trail
- Bike Trail (Advanced)
- Technical Bike Feature
- Floods during heavy winter rain
- Trail Map
- Outhouse
- Stairs to River

October 2020. This map is not a legal document. This map is a composite of different data sets that were developed from different methods and dates. This map should be used with caution. The CVRD and its partners are not responsible for any damages resulting from any omissions, deletions or errors.



270m to Barbers Hole (lifesaving ring available)
5km to Comox Lake Dam