

# CVRD Update

## Weekly News & Information

October 21, 2026



## Winter Recreation Registration Begins Monday, November 16

The Comox Valley Regional District (CVRD) winter recreation guide is available November 10. Explore programs and classes running from January 4 to March 28, including swimming lessons, day camps, and fitness classes. Programs are offered by CVRD Recreation Services, Courtenay Recreation, Comox Recreation, Cumberland Recreation, and 19 Wing Comox.

**Registration for CVRD winter programs opens at 8 am on Monday, November 16.**

- Online at: [comoxvalleyrd.ca/registration](https://comoxvalleyrd.ca/registration)
- By phone: **250-334-9622 ext. 0**
- In person: **Aquatic & Sports Centres | 8 am to 8:30 pm**

For more information, visit: [comoxvalleyrd.ca/recguide](https://comoxvalleyrd.ca/recguide)



### Upcoming Meetings

No meetings scheduled at this time.



### Upcoming Events

#### Supersaver Skate (all ages)

Friday, October 23 | 3-4:45 pm  
Comox Valley Sports Centre  
Cost: \$2.63 SuperSaver Rate

#### Supersaver Pro-D Day Swim (all ages)

Friday, October 23 | 3-5 pm  
Comox Valley Aquatic Centre  
Cost: \$2.63 SuperSaver Rate

#### Goo Zone Swim (all ages)

Saturday, October 24 | 2-4 pm  
Comox Valley Aquatic Centre  
Cost: Regular Admission

#### Monster Mash Skate (all ages)

Friday, October 30 | 3-4:45 pm  
Comox Valley Sports Centre  
Cost: \$2.63 SuperSaver Rate

Learn more: [comoxvalleyrd.ca/events](https://comoxvalleyrd.ca/events)



### Community Highlights



#### Comox Valley Water System Stage 3 Water Restrictions

No lawn watering permitted. For more details about permitted activities under Stage 3, visit:

[comoxvalleyrd.ca/restrictions](https://comoxvalleyrd.ca/restrictions)



#### Seal Bay Nature Park Upgrades

Upgrades are underway on Don Apps Trail, Coupland Loop, and Seal Loop. Temporary trail closures and route changes are in effect during construction. Please follow posted signage.

[comoxvalleyrd.ca/sealbayupgrades](https://comoxvalleyrd.ca/sealbayupgrades)



#### Reduce Your Water Consumption

Replace your broken or old showerheads, faucets and toilets with improved, low-flow versions.

[comoxvalleyrd.ca/conservation](https://comoxvalleyrd.ca/conservation)



#### Get Notified

Sign up to get local emergency alerts delivered directly to your mobile or landline. Need help signing up? Call: 250-898-3730.

[comoxvalleyrd.ca/getnotified](https://comoxvalleyrd.ca/getnotified)



### Pre-Approved Building Plans

Free, pre-approved building plans offered for detached secondary dwellings to help streamline the building permit process for residents.

[comoxvalleyrd.ca/buildingplans](https://comoxvalleyrd.ca/buildingplans)



### Planning for Fireworks?

Fireworks permits are required for properties within Electoral Areas A, B, or C. Permits are \$10. Fine for not having a permit is \$500.

[comoxvalleyrd.ca/fireworks](https://comoxvalleyrd.ca/fireworks)



Check out career opportunities and learn more about the CVRD at: [comoxvalleyrd.ca](https://comoxvalleyrd.ca) or call: **250-334-6000**.