



## H2O x 2 Daycamp Itinerary

**March 23—27, 2026 | 10:00 am - 3:00 pm**  
**CVRD's Sports Centre, 3001 Vanier Drive**

*The CVRD respectfully acknowledges the land on which it operates is on the unceded traditional territory of the K'ómoks First Nation, the traditional keepers of this land.*

10:00 -10:15 am	Drop off Arena 1 Entrance
10:15-11:00 am	Skate Lessons & Free Time
11:00-11:30 am	Change and Outside Games
11:30- 11:45 am	Change for Swim Time
11:45-1:00 pm	Swim Lessons & Free Time
1:00- 1:30 pm	Change and Lunch
1:30-2:45 pm	Games, Crafts & Outdoor Time
2:45 - 3:00 pm	Pickup at Arena 1 Entrance

### Be sure to bring:

- A bathing suit and a towel or two.
- Personal helmet, gloves and warm clothes and skates if you have them.
- Healthy lunch, snack & water.
- Sweats & running shoes.

### Reminders:

- Do not send your child with money or other valuables.
- You will receive a welcome letter a few days before the start of camp.
- If you have any questions please contact the Sports Program Coordinator, Regan Jamieson at: 250-898-3708.

## Upcoming Programs & Events

March 30	Impact Sports Daycamp
April 10	Beach Splash Bash
April 18	Egg-Cited Goo Zone

For more information,  
 call: 250-334-9622 ext. 2 or  
 visit: [www.comoxvalleyrd.ca/rec](http://www.comoxvalleyrd.ca/rec)

